# **Practicing Safe Sun**



















# **The Essential 4 Anti-Aging Fighters:**

Broad Spectrum Sunscreen

Antioxidants

Laser Skin Solutions Jax

Growth Factors

Vitamin A (Retinol, Tretinoin, Retin-A)

















## The Science of UV Exposed Skin



'Wrinkles are a direct result of sun damage. Your best defense? Using an effective sunscreen that addresses damaging UVA and UVB rays every single day.'

Dr. Richard E. Fitzpatrick, MD SkinMedica Founder

















## The Science of UV Radiation

Exposure to UV radiation is the main environmental factor that causes premature aging of the skin

UVA and UVB are the 2

primary forms of Laser Skin Solutions Jay
that reach the sulaser Skin Solutions Jay
earth

☼ UV irradiation is a cumulative process that occurs based on the degree of sun exposure and the level of skin pigment

















#### **ABCs of UV Radiation**



#### **UVA:**

- Deepest penetrating
- Equal intensity throughout the day
- OPEN SET Skin Solutions Jaynd windows
- Dominant tanning ray
  - People who use tanning beds are 2.5 times more likely to develop skin cancer
  - Increases melanoma incidence by 75% in youth
- Cannot be measured by current SPF rating

















#### **ABCs of UV Radiation**



#### **UVB:**

- ◆ "Burning" Ray
- Higher energy but does not penetrate as deep
- ★ Equal intensity varies by season, time of day, loca!!
  - McLEDEL MULLINE JELLIN-4pm
  - April October
  - Higher altitudes
- Reflective
  - 80% of rays can bounce back and hit the skin doubling exposure
- ♦ Current measurement is SPF rating

















# SPF (Sun Protection Factor) Explained

- ♦> SPF Measures the length of time a product protects against skin reddening from UVB, compared to how long the skin takes to redden without protection.
- ★ If it takes 20 minutes without protection to begin reddening, using an SPF 15 states of the st
- People with fair skin require a higher SPF than those with darker skin.
- ♦ To maintain the SPF, reapply sunscreen every two hours and right after swimming.

















## **SPF Management**

A sunscreen's SPF, or sun protection factor, measures how much the product shields the sun's shorter-wave UVB rays

- SPF 20 manages approx 95% of UVB rays
- SPF 30 manages approx 96.7% of UVB rays
- SPF 50 manages approx 98% of UVB rays
- SPF 100 manages approx 99 % of UVB rays



















#### **Sunscreen Actives**

# FDA approved active ingredients for use in over-the-counter sunscreens PRODUCT WAXMUN CONCENTRATION Approximate and 15% Avobersorio 9% Grossle 9% Biogranicon 9% Biogranicon 9% Biogranicon 9% Biogranicon 9% Biogranicon 9% Getecrytene 11% Getecrytene 11% Getecrytene 11% Getecrytene 11% Getecrytene 9% Production 0 9% Production 0 9% Production 0 9% Finalities of 9% Finalities of 9% Titanium dioxide 15% Titanium dioxide 15%

#### Physical

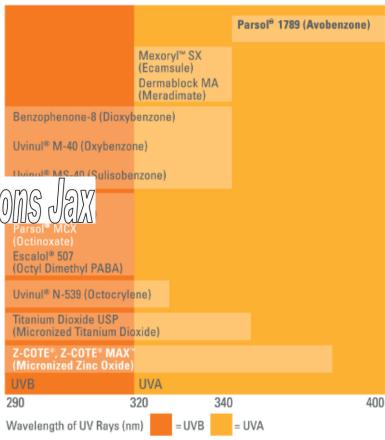
- Titanium Dioxide
- Zinc Oxide
- •Physically blocks (deflects) UV from entering skin

#### Che Ti--

- ·LOSS ON DUNGS

  •Absorb UV rays and
- prevent entering the skin

#### Protection Against UV Rays by Sunscreen Agents



Sunscreen agents shown in white are used in SkinMedica Solar Care products, providing full spectrum UVA/UVB protection unlike many other sunscreen products.

#### The Future of Classification

UVA Protection		UVB Protection	
Low	***	Low	2-14 SPF
Medium	****	Medium	15-29 SPF
High	****	High	30-50 SPF
Highest	****	Highest	50+ SPF



















# A Complete Line Of Defense

















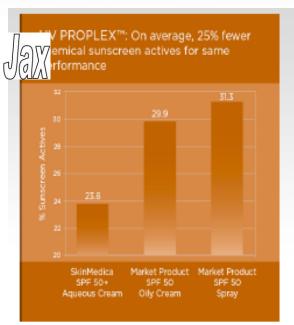




#### **NEW Environmental Defense SPF 50**



- **♦ Patented UV ProPlex** 
  - Optimizes SPF and provides UVA boost requiring less UV filters
  - ♦ Patented Technology produces a more uniform distribution of UV-filters on the skin
- ♦ Oil-Free: Dry touch
- STAGET DAID DOUGONS
- ♦ PABA-Free
- ♦ Paraben-Free
- **♦ Very Water Resistant**
- Superior performance for active patients



















#### **Environmental Defense SPF 30**



- ♦ Oil-Free
- **♦ Fragrance-Free**
- ♦ Patient Type:
  - ♦ Daily Sunscreen
  - ♦ Post Procedure

Laser Skin Solutions Jaysitive

- **\( \Contains:** 
  - ♦ 8.0% Z-Cote Max
  - ♦ 5.5% Octinoxate (Parsol MCX)
  - ♦ Green Tea
  - ♦ Caffeine

















# **TNS Ultimate Daily Moisture SPF 20**



#### **Contains:**

- **♦ 5.5% Z-Cote Max**
- ♦ 7.5% Octinoxate (Parsol MCX)
- Growth Factors



- SGreen Tea
- ♦ Yeast Extract
- ♦ Red Algae Extract
- ♦ Vitamin E
- **♦ Moisturizers**

















# **Essential Anti-Aging System**



















#### TNS Essential Serum™



All-in-one anti-aging product containing Growth Factors, Peptides, Antioxidants and Skin Lighteners

Improves the appearance of Ser Sin Solling Jayes, wrinkles and the overall tone and texture of skin



❖ Full strength TNS Recovery Complex (growth factors) works synergistically with peptides to build the extracellular matrix

















# Patient 56 Right Lateral View Age: 50



**Before Treatment** 



Skin Medica















# Patient 12 Right Forehead Age: 54



**Before Treatment** 

After 1 month of TNS Essential Serum

















# Patient 24 Left Peri-Ocular View Age: 49



**Before Treatment** 

After 2 months of TNS Essential Serum

















# Patient 52 Right Peri-Ocular Area Age: 51



**Before Treatment** 

After 3 months of TNS Essential Serum

















# **Retinol Complex (Vitamin A)**



♦ 3 forms of vitamin A improve the appearance of fine lines, aging, and sun-damaged skin

Enhances skin texture and Ser Sin Sources skin texture and Ser Sin S

Microsphere technology delivers vitamin A slowly to minimize irritation allowing nightly use

















# **Topical Retinol Effects**

Improves skin tone, texture, and clarity

- > Accelerates cell turn-over up to 6 times normal rate
- Regulates sebum production and controls inflammation
- > Exfoliation and cell regeneration clears pores

















## The "Essential 4"

**⇔** Broad Spectrum Sunscreen

**♦ Antioxidants** 

Laser Skin Solutions Jax

Growth Factors

Vitamin A (Retinol, Tretinoin, Retin-A)

















# **ANY QUESTIONS?**

















